



COVID-19 Key Definitions *subject to change

Definitions are consistent with CDC and CDPHE guidelines and are applicable to all individuals, including patients, physicians and employees.

Symptoms consistent with coronavirus: cough, fever, shortness of breath

Moderate/Severe symptoms: shortness of breath that interferes with activities, interruption in activities of daily living, unable to drink fluids, high fever

Home Isolation: Symptomatic person who should remain at home while ill

When to Return to Work: At least 7 days have passed since symptom onset; improvement in symptoms; and absence of fever for at least 72 hours (without the use of anti-pyretic).

Home Quarantine: Asymptomatic person who should remain at home following a high-risk exposure

When to Return to Work: 14 days from last high-risk exposure; may work virtually at home; may return to work immediately if the high-risk exposure was from a person under investigation subsequently found to have a negative COVID-19 test result.

Self-monitor: Asymptomatic person who had a low-risk exposure and should monitor themselves for symptoms of cough, fever and shortness of breath. May continue to work.

What to do while working: temperature checking twice daily; reporting of symptoms

Close contact: Contact within 3-6 feet with persons known or suspected to have COVID-19 (Coronavirus) for a prolonged period (greater than 10 minutes) OR having direct contact with infectious secretions.

High-Risk Exposure: Close contact exposure to respiratory droplets (coughing/sneezing) with symptomatic patient with neither the patient nor the healthcare provider wearing a surgical mask; performing aerosolizing procedures without appropriate PPE (N-95 mask, eye protection); direct contact with infected secretions.

Examples: intubating someone in the field with limited PPE, prolonged contact to someone coughing without PPE, travel within the last 14 days to a level 3 country as defined by the CDC.

Low-Risk Exposure: Exposure to a symptomatic patient while patient or provider is wearing PPE OR brief exchange without PPE and no direct contact to secretions.

Examples: stopping at restaurant in an area with community transmission, limited contact with person coughing without PPE, coughing person not in the same room but in the same general office space.



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Essential employee: Any Kaiser Permanente employee is deemed essential in the event of a shelter in place order.

High Transmission Risk to Vulnerable Persons: e.g., Health care workers (HCW), caregiver for immunosuppressed person, first-responders, jail workers, employees of elder care settings.

High risk individual: Person with medical conditions that increase the risk of serious illness and complications from a COVID19 infection.

Examples: age greater than 65, pregnancy, breast feeding, transplant, chemotherapy, biologic therapy, other immunocompromised state, poorly controlled diabetes or asthma.

Immunocompromised state:

- Steroids > 20 mgs (or ≥ 0.5 mg/kg/day in pediatrics for > 2 weeks
- On biologics or other steroid sparing immunomodulators (other than Plaquenil)
- Chemotherapy for solid organ tumor or other malignancy less than 3 months ago
- Hematologic malignancy not in remission
- S/P autologous hematopoietic stem cell transplant (HSCT) x 1 year, allogeneic HSCT until off immunosuppression x 1 year
- Lupus
- Dialysis
- Solid organ transplant recipient
- Others: common variable immunodeficiency (CVID), uncontrolled HIV, primary immunodeficiency

Medical conditions will be carefully assessed by HR using guidelines provided by the EOC to gauge level of risk. Medical certification may be required.

HR will determine if high risk individual will be reassigned to a different role, location or approved to work remotely.

Testing Guidance: Refer to the current testing protocol on toolkit. As of 03/18/20, testing is only done for:

1. Moderate/severe symptoms
2. Symptomatic High-Risk individual
3. Symptomatic HCW or first responder deemed vital to patient care needs or public welfare (if KPCO HCW, must be approved by EOC)



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Ordering Tests: Tests approved by Telephonic Medicine Center (TMC) only. Anyone obtaining a test specimen must send the chart to the “p_covid-19_quarantine” pool for results monitoring.

Test Results:

- Test results will be received by the COVID Clinical Monitoring Team and the ordering provider.
- The provider receiving the results (whether positive or negative) should forward the result to the “p_covid-19_quarantine” pool.
- The COVID Clinical Monitoring Team will notify the patient of results, whether positive or negative, and use existing algorithms to advise on next steps about continued home isolation, home quarantine, and/or return to work.

Resources:

KPCO-EOC@kp.org. For questions, comments and suggestions

KPCO Toolkit: <http://www.insidekpc.org/cpmg/COVID-19-Toolkit>. For protocols and regularly updated information

COVID19 Centralized Care Monitoring Team (CMT): For patients who need additional oversight: **p_covid-19_quarantine**. Team of providers and nurses notifying members of positive or negative results, reviewing and tracking all tests sent, providing virtual care to patients discharged from the hospital with pending tests, monitoring clinically at-risk patients (with or without testing).

COVID-19 Clinical Consult Line (CCL): 303-203-1617. For providers with real-time questions about care disposition, protocols regarding screening, testing inquiries (not orders), home quarantine, etc.

Telephonic Medicine Center (TMC): 303-338-3099 (physicians only); 303-318-1111 (all providers)
For providers needing approval/scheduling of testing or recommendations for patient disposition.

Non-KP HCW/First Responder Reference Line: Number pending. For non-KP HCW and first responders who need testing.

Exposure Monitoring Team (EMT): 303-344-7300. Asymptomatic Health Plan and CPMG employee questions about COVID-19 exposure from travel, work or other exposure.

CPMG HR One Call: 303-344-7777. Do not call for medical advice.

- Requests for work accommodations
- CPMG sick calls
- Questions about pay
- HR Policies
- Employee issues



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Colorado HR Help Line for Health Plan Employees: 303-338-3212. Do not call for medical advice, redeployment assignments, or sick calls.

Call for:

- Requests for high-risk employee determination and possible reassignment
- Requests for temporary remote work
- Contract questions
- Employee issues
- HR Policies
- Time and Attendance questions
- Training (NEO)
- Pay & Benefits
- ADA Work accommodations
- Workers Compensation

Who should I contact if...	
My patient requests COVID-19 testing and has some symptoms.	COVID-19 Clinical Consult Line
I am a physician/APP and my patient meets testing criteria, or I need advice on disposition.	Telephonic Medicine Center
I am a KPCO healthcare worker and need medical advice for my symptoms.	Contact PCP Contact supervisor as per usual process
I am an asymptomatic KPCO healthcare worker, have had an exposure to COVID-19, and need to know if I should report to work.	Exposure Monitoring Team
I am a KPCO healthcare worker and due to health risk factors, I am requesting an alternative work assignment.	CPMG HR One Call HR Help Line for HP Employees
I am a HP employee and I am sick.	Call your supervisor or regional staffing office per your usual protocol
I am a CPMG physician and I want to appeal HR's decision on granting my work accommodation?	CPMG HR One Call
A HCW who is a non-KP member requires COVID-19 testing.	Non-KP HCW/First Responder Reference Line